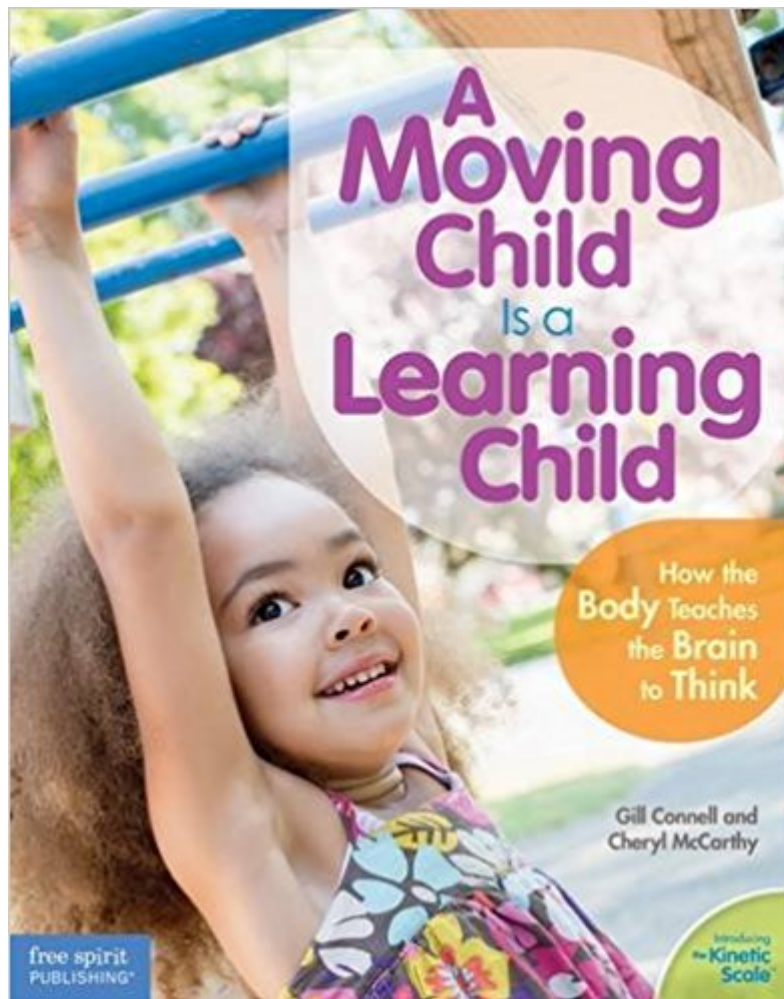


The book was found

# A Moving Child Is A Learning Child: How The Body Teaches The Brain To Think (Birth To Age 7)



## Synopsis

In order to learn, kids™ need to move! Grounded in best practices and current research, this hands-on resource connects the dots that link brain activity, movement, and early learning. The expert authors unveil the Kinetic Scale: a visual map of the active learning needs of infants, toddlers, preschoolers, and primary graders that fits each child™s individual timetable. Teachers, parents, and caregivers will find a wealth of information, actionable tips, and games they can use to support children™s healthy development—all presented in a lively, full-color format with demonstrative diagrams and photos. A final section offers easy-to-implement activities geared to the Kinetic Scale. Downloadable digital content includes printable charts, games, and activities from the book plus a PowerPoint presentation for professional development, parent handouts, and bonus activities. An ideal tool for coaches, mentors, and trainers. Introducing the Kinetic Scale unique framework encompassing all the elements of movement: reflexes, sensory tools (sight, hearing, smell, taste, touch, balance, and intuition), motor tools (power, coordination, and control), and language based on six stages of movement development from birth to age 7: snugglers, squigglers, stompers, scampers, scooters, and skedaddlers designed to foster a balanced diet of physical activity that helps each child move, grow, and learn on the child™s individual timetable

## Book Information

Paperback: 336 pages

Publisher: Free Spirit Publishing; Book with Digital Content edition (November 13, 2013)

Language: English

ISBN-10: 1575424355

ISBN-13: 978-1575424354

Product Dimensions: 7.2 x 0.7 x 9.2 inches

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars See all reviews (16 customer reviews)

Best Sellers Rank: #73,049 in Books (See Top 100 in Books) #27 in Books > Self-Help > Mid-Life #120 in Books > Parenting & Relationships > Reference #212 in Books > Education & Teaching > Schools & Teaching > Early Childhood Education

## Customer Reviews

I have followed Gill Connell™s work for years, thanks to her excellent blog, Moving Smart. So I was thrilled to read her new book, A Moving Child is a Learning Child. It is jam-packed with clear

explanations of the power of movement and play, and also jam-packed with activities to promote learning and development. I believe this book can revolutionize the way we help children who have trouble focusing, paying attention, or sitting still. In short, they need to move more, not be punished for fidgeting and distractibility. The authors don't just point out the dangers of our increasingly sedentary lifestyle, they explain clearly what to do about it. As a child psychologist and play therapist I thought I knew about brain development but reading this book I realized that I had missed a giant piece of the puzzle. In my training, 'sensorimotor' was just a word that was thrown around without any real description of it. Gill and her co-author Cheryl McCarthy are great guides to this territory. This is an absolute must-read for everyone who works with young children.

This book is such a valuable reference. Complex concepts are broken into easy to understand, do-able steps. This is important learning in a handy "here's how and why" approach, with real-life examples. I cannot recommend this book highly enough and plan to gift it to every parent among my family & friends. I feel like someone finally handed me a pair of "parent glasses"! I now see and understand what's going on with my child and how best to support and nurture his development.

As the director of a pre-school, this incredible book has helped shape our school's philosophy, purpose and teaching approach. As educators, at times we are too often focussed on the outcomes of what children should be learning, and forget to place an equal, if not greater weight, on how children naturally learn and grow. This book will broaden the mind of any parent or adult, through its common sense, step by step chapters, be prepared to be taken on a fascinating journey of 'aha!' and light bulb moments. For my teaching team alone, it has provided them with a 'new lens' within our educational approach, one that now sees the cruciality and impact of movement within early childhood education. Here, in *A Moving Child is a Learning Child*, Gill and Cheryl eloquently explain the why and how. What's more, along with Gill and Cheryl's previous work, *A Moving Child is a Learning Child* has become an invaluable resource for our teachers, that has further helped us build a learning environment that supports children's natural development, and ensures they are thriving. With its helpful explanations, practical approach and easy to understand style, this book is an absolute essential read for all parents, teachers and educators alike.

This book is a delight. Love the layout, the style, the content---everything about this book makes it something parents and teachers should snap up in an instant. In this day and age of 'teach to the test' and pushing standards down to lower and lower grade levels, this book is a breath of fresh air.

It should be the guiding light of early childhood and primary grade teachers. I bought one for a gift, and now I'm getting one for myself.

This book is so insightful! This should be required reading for every parent and educator. Makes the clear connection between physical development (thru play) and how it builds learning and other skills for kids. Both the writing and the visual style of this book make learning about the science underlying development super easy to read and comprehend. Highly highly recommend!!

This book starts with birth and the brain disconnected from the body. It explains how the brain connects with the senses via movement. It is easy to read with simple movement exercises to connect the brain to the senses. It explains that it takes time and repetition to get it right, that is why babies move all the time. Well written. Chapters go in sequence and build on previous learning. Fascinating book.

I so wish this book had been around 20 years ago when my own career in Early Years movement/physical development began! I have been waiting for a book like this to come along . It is beautifully produced and wonderfully accessible and is written with a deep sense of love and knowledge of the subject. It will appeal to a broad range of readers - from training professionals and academics - to interested parents and early years practitioners. The therapeutic community may also gain much from this approach. I have used a range of material from this book with students who have appreciated the clear text and relevant accompanying pictures. The 'Kinetic' scale that is introduced should become an essential aid to designing and delivering practical sessions for all young children. I frequently refer to this book in my own practice - I cannot recommend this work more highly.

What an awesome book! I have worked with Gill over the years and now, with this book, the rest of the world can enjoy the wonderful knowledge and expertise she shares. Go for it! You will not be disappointed with this book. Filled with wonderful photos, graphics and colour, this book is a delight from cover to cover. The topic of brain development in young children is huge but Gill and Cheryl make it a pleasure to understand. These days as the world of children is changing quickly this book reminds us of what nature intends for our children, on the road to optimum growth, how we can find those critical learning opportunities again, and how necessary it is that we do! Enjoy!

[Download to continue reading...](#)

A Moving Child Is a Learning Child: How the Body Teaches the Brain to Think (Birth to Age 7)  
Learning: 25 Learning Techniques for Accelerated Learning - Learn Faster by 300%! (Learning, Memory Techniques, Accelerated Learning, Memory, E Learning, ... Learning Techniques, Exam Preparation) ACT LIKE A LADY, THINK LIKE A MAN:By Steve Harvey:Act Like a Lady, Think Like a Man: What Men Really Think About Love, Relationships, Intimacy, and Commitment [Hardcover] 1st Edition BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) The Theory of Poker: A Professional Poker Player Teaches You How To Think Like One Learn: Cognitive Psychology - How to Learn, Any Skill or Subject in 21 Days! (Learn, Learning Disability, Learning Games, Learning Techniques, Learning ... Learning, Cognitive Science, Study) Brain Training: Power Brain! - Secret Techniques To: Improve Memory, Focus & Concentration (Brain teasers, Improve memory, Improve focus, Concentration, Brain power) Brain Cancer Treatment - How to Beat Brain Cancer And Get Your Life Back (Brain Cancer, Tumor, Brain Cancer Treatment, Natural Treatment) Brain Training: The Ultimate Guide to Increase Your Brain Power and Improving Your Memory (Brain exercise, Concentration, Neuroplasticity, Mental Clarity, Brain Plasticity) Brain Games #1: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) Brain Games #3: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) What to Think About Machines That Think: Today's Leading Thinkers on the Age of Machine Intelligence Raising Multiple Birth Children: A Parent's Survival Guide, Birth-Age 3 BRAIN: 51 Powerful Ways to Improve Brain Power, Enhance Memory, Intelligence and Concentration NATURALLY! (MEMORY, Memory Improvement, Learning, Brain Training) Change Your Brain, Change Your Body: Your Ultimate Brain/Body Makeover (6 CD Set) Change Your Brain, Change Your Body: Use Your Brain to Get and Keep the Body You Have Always Wanted Children's Book About Moving: A Kids Picture Book About Moving with Photos and Fun Facts Moving In (Moving In Series Book 1) Wisdom of the Body Moving: An Introduction to Body-Mind Centering

[Dmca](#)